

Aesthetic and reconstructive care

Thailand medical treatment catalogue

World-class expertise, facilities and technology. Unmistakably Thai care.

A broad guide to treatment sectors available through licensed providers in Thailand. Services depend on clinical suitability, the facility's authorised scope and any treatment-specific eligibility rules. Availability in Thailand does not mean every overseas patient is eligible. This is a category guide, not an exhaustive register of every procedure.

Facial plastic surgery

Rhinoplasty and revision rhinoplasty; eyelid surgery; face and neck lifts; brow lifts; chin augmentation; ear reshaping; selected facial implants; facial fat grafting.

Hospital or licensed surgical facility. The surgeon determines technique and suitability.

Breast surgery

Breast augmentation, reduction and uplift; implant replacement or removal; correction of breast asymmetry; male breast reduction; breast reconstruction following cancer or injury.

Hospital or licensed surgical facility with appropriate anaesthesia and postoperative support.

Body contouring

Liposuction; abdominal contouring and tummy tuck; arm and thigh lifts; selected body lifts after major weight loss; treatment of excess skin; revision of previous contouring surgery.

Liposuction is for contouring, not a substitute for obesity treatment. Procedures may require staged surgery.

Reconstructive and corrective surgery

Scar revision; burn reconstruction; hand and soft-tissue reconstruction; repair after trauma or cancer; selected congenital deformity correction; maxillofacial reconstruction.

Specialist hospital teams; complex cases may need several operations.

Skin, hair and dental care

Medical dermatology

Acne, eczema, psoriasis and rosacea care; pigmentation assessment; fungal and other skin infections; mole assessment and biopsy; skin cancer treatment; scar and keloid management; nail and scalp disorders.

Dermatology clinics and hospitals.

Non-surgical aesthetic treatments

Botulinum toxin injections; dermal fillers; chemical peels; laser resurfacing; acne-scar treatment; vascular and pigmentation lasers; laser hair removal; selected radiofrequency or ultrasound skin-tightening treatments.

Licensed clinicians using appropriately authorised products and devices. Cosmetic registration does not authorise injecting a product.

Hair restoration

Hair-loss diagnosis; prescription treatment where indicated; follicular unit extraction or strip-method hair transplantation; selected eyebrow and beard restoration; management of scarring alopecia.

Hair and dermatology clinics or surgical centres. Technique depends on diagnosis and donor-hair suitability.

General and restorative dentistry

Examinations and cleaning; fillings; root-canal treatment and retreatment; crowns, bridges and dentures; gum-disease care; tooth extraction; wisdom-tooth surgery; children's and older adults' dentistry.

Licensed dental clinics and hospital dental departments.

Cosmetic dentistry, implants and orthodontics

Whitening; veneers; smile planning; single and multiple implants; selected full-arch implant restorations; bone grafting and sinus lifts; braces and clear aligners; bite and jaw-joint assessment; jaw-correction surgery.

Implants and orthodontics often need several visits and long-term follow-up. Jaw surgery requires a specialist team.

Eyes, hearing and breathing

Vision correction and eye surgery

LASIK, PRK and small-incision lenticule procedures for suitable eyes; cataract surgery and lens implantation; glaucoma treatment; retinal laser and surgery; diabetic eye care; dry-eye treatment; squint and eyelid procedures.

Eye hospitals, specialist clinics and hospital eye departments. Corneal transplantation requires donor tissue and eligibility review.

Ear, nose, throat and hearing

Sinus and nasal-obstruction treatment; septoplasty; tonsil and adenoid surgery; ear surgery; hearing assessment and hearing aids; selected cochlear implantation; tinnitus, balance and voice-disorder care.

ENT clinics and specialist hospital services.

Respiratory and lung care

Asthma and chronic obstructive pulmonary disease management; respiratory infection care; lung-function testing; bronchoscopy; assessment of lung nodules; interstitial lung-disease care; pulmonary rehabilitation.

Hospital respiratory services; complex interventions require specialist facilities.

Sleep medicine

Sleep studies; obstructive sleep-apnoea assessment; CPAP assessment and follow-up; suitable dental appliances; selected airway surgery; medical and behavioural treatment of insomnia.

Sleep clinics and multidisciplinary hospital teams.

Bones, joints, spine and mobility

Orthopaedics and joint replacement

Hip and knee replacement; selected shoulder replacement; revision joint surgery; fracture fixation; hand, wrist, foot and ankle surgery; arthritis care; deformity correction.

Orthopaedic hospitals and specialist surgical departments.

Sports medicine

Sports-injury diagnosis; ligament reconstruction; meniscus and cartilage procedures; shoulder and tendon repair; arthroscopy; exercise rehabilitation; return-to-sport assessment.

Sports medicine clinics, hospitals and rehabilitation centres.

Spine treatment

Treatment of slipped discs and spinal narrowing; physiotherapy and pain procedures; endoscopic or minimally invasive decompression; spinal fusion; selected artificial-disc replacement; scoliosis and other spinal-deformity surgery.

Specialist spine centres; treatment can be non-surgical or surgical.

Pain medicine

Multidisciplinary back, neck and joint-pain care; nerve-pain treatment; image-guided injections; nerve blocks; radiofrequency procedures; selected spinal-cord stimulation; cancer-pain management.

Pain clinics and hospitals. Controlled medicines require appropriate prescribing and travel arrangements.

Physical and functional rehabilitation

Physiotherapy; occupational therapy; gait and balance retraining; postoperative rehabilitation; sports rehabilitation; aquatic therapy; orthotics and prosthetic rehabilitation; speech and swallowing therapy.

Licensed rehabilitation providers and hospital teams.

Heart, blood vessels, brain and nerves

Cardiology and heart surgery

Cardiac assessment; coronary angiography, angioplasty and stenting; bypass surgery; valve repair or replacement; selected catheter-based valve procedures; pacemakers; arrhythmia ablation; heart-failure care; cardiac rehabilitation.

Specialist cardiac hospitals and centres. Advanced procedures depend on anatomy and clinical eligibility.

Vascular and endovascular care

Varicose-vein treatment; peripheral arterial-disease care; selected angioplasty or vascular bypass; aneurysm repair; diabetic limb-salvage treatment; venous-thrombosis assessment and treatment.

Vascular surgery and interventional teams.

Neurology

Migraine and headache care; epilepsy treatment; Parkinson's and movement-disorder care; dementia and memory assessment; neuropathy; multiple-sclerosis care; nerve and muscle testing.

Neurology clinics and hospitals.

Neurosurgery and advanced neurological care

Selected brain-tumour and aneurysm surgery; hydrocephalus treatment; epilepsy surgery; deep-brain stimulation for suitable patients; treatment of selected nerve-compression conditions.

Specialist hospitals with appropriate imaging, intensive care and multidisciplinary assessment.

Stroke treatment and recovery

Emergency stroke assessment; clot-dissolving treatment or clot retrieval when eligible; prevention of further stroke; rehabilitation of movement, speech and swallowing.

Emergency treatment is time-critical. Planned international travel is for stable assessment or rehabilitation, not an acute stroke.

Digestive, metabolic and general surgical care

Digestive health and liver medicine

Gastroscopy and colonoscopy; polyp removal; reflux and ulcer treatment; inflammatory bowel-disease care; irritable bowel and motility assessment; hepatitis treatment; fatty-liver and cirrhosis care; selected bile-duct endoscopy.

Gastroenterology clinics and hospitals.

General, colorectal and abdominal surgery

Hernia repair; gallbladder removal; appendix surgery; haemorrhoid and fistula treatment; bowel surgery; selected liver, pancreatic and bile-duct operations; laparoscopic and robotic approaches where suitable.

General and specialist surgical hospitals. Robotic surgery is an approach used for selected operations, not a separate cure.

Weight management and metabolic surgery

Medical obesity assessment; dietetic and behavioural support; prescription weight-management medicines where indicated; sleeve gastrectomy; gastric bypass; postoperative nutrition and weight-maintenance care.

Medical clinics and specialist bariatric teams; eligibility depends on health, weight and associated conditions.

Diabetes, thyroid and hormonal disorders

Diabetes management; glucose monitoring and insulin education; thyroid disease and nodules; pituitary and adrenal disorders; osteoporosis care; clinically indicated hormone replacement.

Endocrinology clinics and hospitals. General 'hormone optimisation' is not a substitute for diagnosis.

Clinical nutrition

Assessment of malnutrition and deficiencies; nutrition for diabetes, kidney disease and cancer; perioperative nutrition; medically necessary oral, tube or intravenous feeding.

Dietitians and medical teams. Intravenous treatment requires a clinical indication and suitable supervision.

Cancer, blood disorders and kidney care

Cancer diagnosis and treatment

Biopsy and pathology review; staging and molecular testing where appropriate; cancer surgery; chemotherapy; radiotherapy; brachytherapy; targeted treatment; immunotherapy; symptom control and survivorship follow-up.

Specialist cancer centres. Treatment depends on tumour type, stage and relevant product approvals.

Blood disorders and established stem-cell transplantation

Treatment of anaemia, clotting disorders and blood cancers; transfusion support; selected blood-forming stem-cell or bone-marrow transplantation; donor matching and long-term follow-up.

Specialist haematology centres. This is distinct from general rejuvenation or anti-ageing cell injections.

Kidney medicine and dialysis

Chronic kidney-disease care; diabetic kidney care; haemodialysis; peritoneal-dialysis support; dialysis-access procedures; assessment and treatment of kidney inflammation.

Nephrology and dialysis centres. Visiting dialysis patients need advance acceptance and transfer of clinical records.

Organ transplantation and transplant follow-up

Transplant suitability assessment; kidney transplantation in eligible cases; referral to specialist programmes for other organs; immunosuppression review and follow-up for existing transplant recipients.

Restricted access. Donor relationship, organ allocation, nationality or residency rules and centre acceptance must be checked. Organs cannot be purchased; a transplant is not an unrestricted tourism package.

Wound care and hyperbaric medicine

Diabetic-foot care; pressure-ulcer and difficult-wound management; debridement; wound dressings and selected skin coverage; hyperbaric oxygen for accepted indications.

Wound-care teams and appropriately equipped centres. Hyperbaric oxygen is not a general rejuvenation treatment.

Women's health, fertility and maternity

Gynaecology and pelvic health

Menstrual and menopausal care; fibroid and endometriosis treatment; ovarian-cyst surgery; hysteroscopy and laparoscopy; hysterectomy where indicated; prolapse and urinary-incontinence treatment; pelvic-floor rehabilitation.

Women's health clinics and hospitals.

Fertility assessment and assisted reproduction

Female and male fertility investigations; ovulation treatment; intrauterine insemination; IVF and ICSI; surgical sperm retrieval; selected reproductive surgery; clinically appropriate embryo genetic testing.

Licensed and specifically authorised fertility centres. Treatment eligibility, marriage documents and donor rules must be confirmed before booking.

Fertility preservation

Egg freezing; sperm freezing; embryo storage for eligible patients; fertility preservation before cancer treatment or other medically relevant care.

Authorised centres. Storage, future use, consent and cross-border transfer have separate conditions.

Pregnancy, childbirth and newborn care

Preconception care; antenatal assessment; prenatal screening and diagnostic testing; high-risk pregnancy care; delivery and Caesarean birth when appropriate; breastfeeding support; neonatal care.

Maternity hospitals and obstetric services. Travel, delivery acceptance and newborn documentation require advance planning.

Contraception and pregnancy-options care

Contraceptive counselling; implants and intrauterine devices; sterilisation for suitable consenting adults; miscarriage care; lawful pregnancy termination within applicable criteria.

Licensed providers. Termination is available on request through 12 weeks; over 12 through 20 weeks requires prescribed examination and counselling. Beyond 20 weeks, specific statutory grounds are required.

Men's health, sexual health and gender care

Urology and men's health

Kidney and urinary stones; prostate enlargement; urinary obstruction and incontinence; urinary-tract reconstruction; erectile-dysfunction assessment; selected penile implants; male infertility; vasectomy and selected reversal.

Urology and men's health services; complex procedures require hospital facilities.

Sexual health and infectious diseases

Confidential STI testing and treatment; HIV testing, prevention and ongoing treatment; hepatitis care; vaccination where indicated; assessment of genital symptoms and sexual-health concerns.

Licensed clinics and hospitals. Medicines are prescribed according to individual clinical needs.

Gender-affirming healthcare

Specialist assessment; monitored hormone treatment; chest surgery; selected genital reconstruction; facial feminisation; voice therapy and selected voice surgery; postoperative and long-term follow-up.

Specialist providers. Age, consent, assessment and procedure-specific requirements apply; eligibility must be confirmed individually.

Paediatric and adolescent care

General paediatrics; vaccination; allergy and asthma care; growth and endocrine assessment; developmental assessment; selected paediatric surgery; children's cardiology, neurology and orthopaedics; neonatal and paediatric intensive care.

Children's hospitals and appropriately equipped departments. Guardian consent and age-specific standards apply.

Mental health, older adults and continuing care

Mental health and psychological care

Psychiatric assessment; treatment of depression, anxiety and other diagnosed conditions; psychotherapy and cognitive behavioural therapy; medication management; selected inpatient treatment; family support.

Licensed mental-health professionals and suitable facilities.

Addiction treatment and rehabilitation

Assessment of alcohol and drug dependence; medically supervised withdrawal where needed; inpatient or residential rehabilitation; relapse-prevention treatment; psychological and family support.

Appropriately licensed clinical services. A residential retreat is not automatically a medical detoxification facility.

Geriatric and long-term care

Older-adult assessment; medication review; falls prevention; memory and dementia care; frailty and mobility support; nursing care; selected home-health and transitional-care services.

Hospital, nursing or home-care services appropriate to the patient's needs and the provider's licence.

Palliative and supportive care

Pain and symptom management; support during serious illness; advance-care discussions; family and caregiver support; inpatient or home-based palliative care where available.

Specialist teams. Palliative care and lawful end-of-life planning do not mean assisted dying.

Recovery and aftercare

Postoperative nursing; wound checks; rehabilitation; medication review; clinical records for doctors at home; remote follow-up where permitted; coordination of fit-to-fly assessment.

The scope and duration of support must be agreed with the treating provider.

Prevention, diagnostics and traditional care

Health checks and preventive care

Individualised health assessment; cardiovascular-risk review; age- and risk-appropriate cancer screening; vaccination; travel medicine; occupational and pre-employment assessments.

Hospitals and medical clinics. Tests should be selected for the person rather than assumed necessary in every package.

Diagnostic and precision services

Laboratory tests; ultrasound, X-ray, CT and MRI; mammography; bone-density testing; selected PET-CT and nuclear medicine; pathology review; genetic counselling and clinically indicated genetic testing.

Licensed diagnostic facilities. Genetic findings require appropriate interpretation and consent.

Allergy, rheumatology and general medicine

Allergy testing and selected immunotherapy; asthma care; arthritis and autoimmune-disease management; gout treatment; infection assessment; chronic-disease management; specialist second opinions.

Medical and specialist clinics, with hospital support when needed.

Traditional Thai medicine

Assessment by qualified Thai traditional medicine practitioners; therapeutic Thai massage; selected herbal treatments; herbal compresses; permitted traditional rehabilitation and postpartum care.

Licensed practitioners and establishments within their authorised scope. Products and suitability require individual review.

Traditional Chinese medicine

Acupuncture; Tuina; selected moxibustion, cupping and herbal prescriptions; consultation with a qualified Chinese medicine practitioner.

Authorised providers. Coordinate with conventional treatment, especially when medicines, pregnancy or surgery are involved.

Special access and treatment availability

Wellbeing and healthy-ageing programmes

Nutrition, exercise and sleep support; stress management; medical risk assessment; supervised rehabilitation and lifestyle programmes; relaxation and hospitality services alongside care.

Clinical services and non-medical wellness services are different. Spa or retreat services do not establish a medical treatment claim.

Emergency and critical care

Emergency assessment; trauma care; emergency surgery; intensive care; medically supervised transfer and evacuation when appropriate.

Emergency hospitals and specialist teams. These are essential services rather than elective travel packages.

Controlled medicines and medical cannabis

Clinical assessment for legally permitted controlled medicines, including cannabis-based care where an authorised practitioner considers it appropriate.

Prescription, product and dispensing rules apply. Medical access does not permit recreational tourism or unrestricted advertising; import and export rules are separate.

Emerging cell, gene and regenerative therapies

Specialist evaluation and referral where a specific therapy is authorised or available through an approved clinical study.

Not a general retail treatment category. Manufacturing or research permission does not itself authorise routine commercial treatment. Stem-cell, exosome, immune-cell and gene-therapy claims need exact product, indication and regulatory verification.

Services outside this commercial catalogue

Commercial surrogacy; the purchase or sale of organs; unapproved injectable products; unlicensed medical practice; guaranteed rejuvenation or cure packages.

These are not presented as treatment offers. Any lawful non-commercial surrogacy pathway requires separate legal eligibility and authorisation.

Before travel, the treating provider should confirm your eligibility, the proposed treatment, total costs, likely stay, recovery and follow-up arrangements. This catalogue describes Thailand's treatment landscape; it does not imply that ThaiMedic itself performs treatment or has contracted every service listed.

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